EDITOR’S NOTE: IN THIS ISSUE

*Sangeetha Menon*, Ph.D., a Fellow with the National Institute of Advanced Studies in Bangalore, India, opens this issue with an original article born from her cumulative inquiry that spans 15+ years into the topic. She addresses the challenges and nuances of pursuing the question of “What is Indian Psychology” and invites us into her own thinking and Being in the process.

The next four authors embrace dual roles as both scholars and clinicians, balancing clinical expertise and practice with professoriate roles. They offer a theory/practice balance to the clinician’s section.

*Judy Schavrien*, Ph.D., is a professor at the Institute for Transpersonal Psychology as well as a therapist in private practice, who specializes in PTSD (Post Traumatic Stress Disorder). She skillfully blends an autobiographical account of being shot in the face into a case history that offers an expanded analytic view of self shattering and reconstruction from a transpersonal perspective. Her informed analysis, among other things, augments the literature on self psychology.

*Janet Lewis*, M.D., is a clinical faculty member at the University of Rochester, New York, and a psychiatrist with a private practice. By developing a solid foundational understanding of the literature complemented by her own case examples as a therapist/scholar, Lewis challenges us to consider healthy and unhealthy forms of forgiveness as framed from a developmental perspective and the theoretical groundings offered by both Wilber and Washburn. She argues that healthy forgiveness is transpersonal by nature, and discusses pathways toward that end. Illuminating the complexity of the topic, she offers salient points for consideration by the clinician as well as areas for further exploration by researchers.

While the literature is currently proliferating on the Buddhist practice of “mindfulness,” *Seth Segall*, Ph.D., is quick to point out that transpersonal pioneers were among the earliest to explore the contribution of mindfulness to therapy. Segall, a clinical faculty member at Yale University School of Medicine as well as senior clinical therapist at Waterbury Hospital (Connecticut), brings together an understanding of the research literature on mindfulness, illustrated with case examples from both individual and group therapy. He addresses the role of mindfulness not only as a helpful clinical technique but also considers and calls for an appreciation of its “broader role” in personality development per se.

*David Miller*, Ph.D., faculty member at the State University of New York (SUNY) at Albany, speaks from both a core literature base as well as his experiences as a clinician in exploring the potential usefulness of the Lowenfeld Mosaic Technique (LMT) as an assessment tool as well as an interactive approach to greater self-awareness and self-understanding—especially in creating therapeutically meaningful mandalas as catalysts in the individuation process. Miller stresses the need, however, for more rigorous research regarding reliability, validity, and other matters and offers recommendations for further research regarding the tool.
The concluding article is a reflective report of the 2005 EUROTAS (European Transpersonal Association) Conference held in Moscow, Russia, written by Gennady Bredev, Ph.D., chair of the organizing committee. More than a content report, however, Bredev explains how the 2003 and 2004 conferences planted seeds that seem to have come to fruition during the 2005 conference. Breathing life into the phenomenology of the conference, he considers and shares with us the experiences of the participants, amidst the sessions, discussions, informal dialogue, and beyond. Two themes seem to have surfaced: a meeting of the hearts, and the importance of discovering keys to unlock the depth of meaning inherent in the conference and in general within the transpersonal terrain.

Finally, the Books Our Editors are Reading section continues to offer resources of interest as does the Book Review section. Reviewed in this volume are Michael Washburn's *Embodied Spirituality in a Sacred World* (reviewed by Rosemarie Anderson), Estelle Frankel's *Sacred Therapy: Jewish spiritual teachings in emotional healing and inner wholeness* (by Hedy Ganz), and Harvey Aronson's *Buddhist Practice on Western Ground: Reconciling Eastern ideals and Western psychology* (by Alan Pope).

As always, we sincerely welcome comments and suggestions from our readers.

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