

Perspective

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AHP Biennial Conference

ATP NEWSLETTER



Existential Humanism

Grof and the Holodeck of the Unconscious

Family Therapy

Reviews

IN THE SPIRIT OF LEADERSHIP

STANDING AT WATER'S EDGE

PEAK VITALITY

EMOTIONAL INTELLIGENCE

ENNEAGRAM PASSIONS



Roger Feinstein & Donna Eden presented a Workshop at the AHP Conference



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ATP ADDS THREE NEW BOARD MEMBERS

Les Lancaster, Ph.D., is Professor of Transpersonal Psychology at Liverpool John Moores University (LJMU), UK,



Honorary Research Fellow in the Centre for Jewish Studies at Manchester University (where he is an

expert on Kabbala), and an emeritus Chair of the Transpersonal Psychology Section of the British Psychological Society. Through LJMU he runs online courses in Consciousness and Transpersonal Psychology. "I'm really looking forward to contributing to the further development of Transpersonal Psychology internationally through my membership on the ATP Board."

Shani Robins, Ph.D., is an Assistant Professor at the Institute of Transpersonal Psychology, and an Instructor at Stanford University and at UC Berkeley. He completed his B.A. in Psychology and Philosophy from UCLA in 1989, his M.A. and Ph.D. in Cognitive Experimental Psychology from UC Santa Barbara in 1996, a 2-year NIMH Postdoctoral Fellowship at UC Irvine in 1999, and a second Ph.D. respecialization in Clinical Psychology in 2002. He is a licensed psychologist, and the author of numerous scientific journal articles and book chapters. He pioneered Wisdom Therapy, has given presentations worldwide on its clinical



and organizational applications, and is President of the Wisdom Therapy Institute (www.wisdomtherapy.com). In his spare time he runs marathons, plays Go and Racquetball, and enjoys stand-up comedy.

Kirti Patel is in the Clinical Psychology Ph.D. program at the Institute of Transpersonal Psychology, where she began her studies after living in various cultures, including Bahrain, Costa Rica, India, Japan, and Amazonian



Quechuan. She is surprised at how these cultures have become creativity-integrated in her meaning-making

process, allowing for multiple perspectives and creative solutions. While at the University of Illinois, she co-organized the Minorities in Political Science Career Conference, which included panel discussions in Social Work, Public Policy, Teaching and Research, Peace Corps, and Law School. On a fellowship in 1981, she lived in the Ecuadorian Amazon studying indigenous healing rituals, shamanic journeying, and the Quichua language.

Spirituality and Psychology Conference

Planet, Culture and Conscience: The Development of Humanity in the 21st Century

Barcelona, October 29 to November 2, 2008

The Catalan Transpersonal Association (ACT) is organizing the next EUROTAS International Conference, to be held in Barcelona. The meeting will be an opportunity to hear from and to work with many European and American experts in

the transpersonal psychology movement. Also on the program is:

- a tour of the sacred mountain of Montserrat
- more than 40 workshops and academic lectures
- yoga and meditation on the beach
- shamanic practices and sacred rituals
- dance and music
- a transcultural party and our "Castanyada"

<http://www.eurotasbarcelona2008.eu>

Transpersonal Internet

Jacob Kaminker has taken over from David Lukoff to oversee the expansion and maintenance of the **Guide to the Transpersonal Internet** on the ATP website at

<http://www.atpweb.org/TranspersonalInternet.asp>. Please help to strengthen the transpersonal community, and this valuable resource by e-mailing him links to your favorite transpersonal sites at jakek47@hotmail.com.

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The Rebirth of the International Transpersonal Association

— Harris Friedman

After successful US transpersonal conferences were held in the 1960s, these were extended internationally to Iceland (1972, 1973), Finland (1976), and Brazil (1977).

Stan Grof then formed the International Transpersonal Association (ITA) in 1978 to offer additional conferences. Under Grof's leadership, these were held in the US (1979, 1987, 1988, 1991, 2004), Australia (1980), India (1982), Switzerland (1983), Japan (1985), Czechoslovakia (1992), Ireland (1995), and Brazil (1996), after

which it was Grof's wish that ITA disband.

David Lukoff explored forming another international transpersonal organization by creating a Google group (see <http://atpweb.org/googlegroup/>) and convening a well-attended meeting at the World Congress of Spirituality and Psychology held in Delhi in January 2008. Meanwhile, Harris Friedman, Les Lancaster, and Glenn Hartelius, editors of the *International Journal of Transpersonal Studies (IJTS)*; <http://www.transpersonalstudies.org>) had received a small grant from the British Psychological Soci-

ety to use *IJTS* to link international transpersonal associations—and they all attended Lukoff's meeting at the Delhi Congress. Followup Google group e-conversations led to resurrecting ITA, after Stanislav and Christina Grof gave their blessings to adopt the name, and the Floraglades Foundation offered funding. Friedman, Lukoff, and Hartelius are ITA's President, Vice-President, and Secretary-Treasurer, respectively. Plans for the next international conference are under way.

HARRIS FRIEDMAN is at the University of Florida.

Stanislav and Christina Grof Photo Archive

More than 200 new photos from ITA (International Transpersonal Association) and ATP (Association for Transpersonal Psychology) conferences as well as other transpersonal programs have been added to the Stanislav and Christina Grof Photo Archive (available to ATP non members and members on the ATP website).

There are several photos of Albert Hoffman who presented at several ITA Conferences. He died of a heart attack on Tuesday morning, April 29, at the age of 102, fully lucid and deeply satisfied that LSD psychotherapy research had been permitted to resume. He spoke several months before he died about the renewal of LSD psychotherapy research, sponsored by MAPS

(Multidisciplinary Association for Psychedelic Studies) in patients with anxiety associated with end-of-life issues, as the "fulfillment of my heart's desire." Obituaries for Albert have been printed in newspapers around the world.

Additional information about Albert Hoffman's work with LSD and other psychedelics can be found



ALBERT HOFFMAN AND STAN GROF

on the MAPS website. MAPS has carried on the work of demonstrating the value of psychedelic drugs in therapy for many life problems. <http://www.maps.org>



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Humanistic Psychology in Practice Conference

2nd Annual Conference of The Society for Humanistic Psychology is being sponsored by Division 32 of APA on August 11-13, 2008. This conference occurs prior to the annual American Psychological Association convention, in Boston.

Conference presenters will include accomplished humanistic psychotherapists and practitioners from all over the world who have made outstanding contributions

to the field. Presenters will include, among others, Roger Brooke, David Cain, Robert Elliott, Harris Friedman, Larry Leitner, Maureen O'Hara, Robert D. Romanyshyn, Ilene Serlin, Jonathan Raskin, Kirk J. Schneider, Lois Shawver, E. Mark Stern, and Alberto Zucconi.

The conference fee will include the cost for meals during the conference, and these meals will afford ample opportunity for community building and enriching conversation.

Considerable savings can be gained by early registration. Conference attendees will also receive a special conference rate on the hotel at a savings of up to 39% the usual cost. You can earn up to 24 hours of continuing education credits.

For more information, please contact the Conference Coordinator, Brent Dean Robbins, Ph.D., at bdeanrob@roadrunner.com. Or visit the website at: <http://www.apa.org/divisions/div32>

Human Dimension of Psychotherapy Conference

July 18-20, 2008, Hart House, University of Toronto, Canada

The traditions of humanistic, existential, psychodynamic, transpersonal, and somatic psychology have a long history affirming the complex holism of the human experience. These "alternatives" to manualized, outcome-oriented therapies have a substantial academic and professional history, integrating the complex dimensions of being human. How do we bring each individual into full presence? How do we integrate this clinical knowledge into 21st century psychotherapy? ATP Co-President David Lukoff and Editor of the *Journal of Humanistic Psychology* Kirk Schneider are presenting. <http://www.livinginstitute.org>

The conference is sponsored by the Living Institute, an active member of the Ontario Association of Psychotherapy Training Institution, which is taking on a political role in Ontario as regulatory legislation is being drafted. In 2007, the Ministry of Health and Long Term Care passed The Psychotherapy Act, regulating psychotherapy as a profession for the first time in Ontario. Over the next two years, there will be a series of dialogues with the government and the professional community which will create the basis for the new regulatory College of Psychotherapy. We are very concerned that the modalities and values of humanistic, existential, transpersonal, psychodynamic, and

somatic psychology be respected and preserved within this political definition.

Toward that same end, the Living Institute is founding a chapter (now called energy centre) of the conjoined AHP/ATP. This is taken from the Living Institute newsletter:

The AHP/ATP perspective on psychology, culture, and cosmos, and the place of humans in the natural world, is moving out into the field of global consciousness, with centres in England, Europe, Japan, Russia, India, and other places. Let's add Canada to this international network of like-minded souls.

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World Congress on Psychology and Spirituality

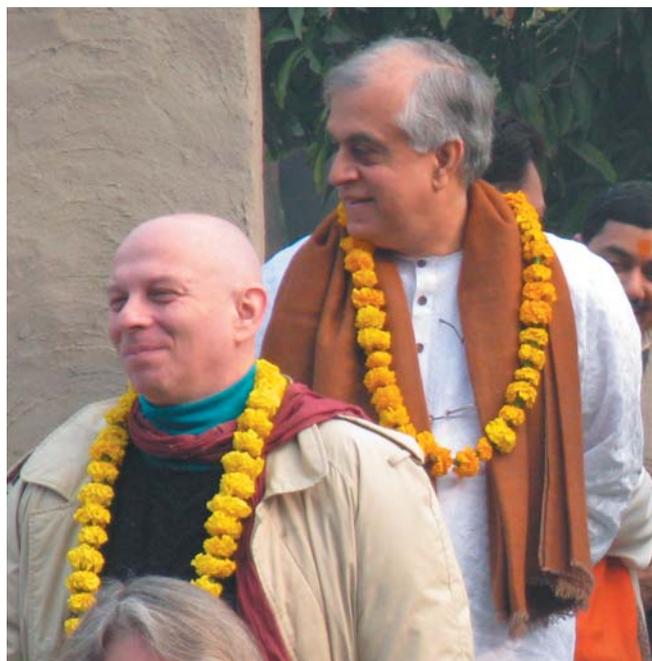
Delhi, India, January, 2008

Some 440 therapists, scholars, scientists, physicians, lawyers, artists, musicians, business persons, politicians, and several saints joined together for a memorable four days at the beautiful Habitat Centre in Delhi, India, for the long-planned World Congress. Coming from 40 countries, including Venezuela, South Africa, Latvia, Poland, Russia, Japan, Sri Lanka, Kryzygstan, Romania, Italy, Germany, UK, Canada, Spain, Portugal, France, Slovenia, Switzerland, and Austria—a community instantly sprang together who had (at least) one thing in common: a deep sense of the place of spirituality in their personal and professional lives. Thus, a deep sense of “one world family” emerged so thick you could cut the ancient India air with a knife. It nourished everyone and persists to this day in the hearts of all.

More than 280 presentations were

given, including keynotes by Sri Sri Ravi Shankar, Karan Singh, BKS Iyengar, Robert Thurman, Stan Grof, Jack Kornfield, and Geshe Samten (representing the Dalai Lama).

Foremost themes included The Future of Spiritual Practice in the World, India's Contribution to Transpersonal Psychology, The



ATP CO-PRESIDENT STU SOVATSKY AND RAJIV MALHOTRA

Next Wave of Spiritual Transmissions. Panel topics included Spirituality of Death and Dying, Future of Women's Spirituality, Tantra, Spirituality in Business, Shamanism, Russian

Transpersonal Psychology, and Vedic Psychology. Please visit <http://www.atpweb.org> this summer to order from a select list of DVD recordings of the most popular presentations.

To join the International Transpersonal Google e-group where continued discussions are under way, e-mail drlukoff@comcast.net. E-mail stuartcs@jps.net to inquire about special interest e-groups such as The Future of the Family, The Future of Yoga and Meditation, Preserving World Cultures, Spiritual Conflict Resolution, Trauma Therapy, World Spiritual Music Festivals, Consciousness Studies, Shamanism, Business and Spirituality.



ATP CO-PRESIDENT DAVID LUKOFF