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THE ASSOCIATION FOR
TRANSPERSONAL PSYCHOLOGY'S
ELECTRONIC NEWSLETTER

WWW.ATPWEB.ORG

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Saturday, March 7, 2009

Aikido is a mind-body-spirit practice that can be applied by psychotherapists both for working with clients and for self-care.

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ATP Salon Evening

Obama and Transformation

Saturday, March 7, 2009

The election of Barack Obama triggered an outpouring of global intimacy of dancing, crying and smiling people worldwide--an occasion of the oneness that we all seek and long for.

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Spiritual Approaches to Illness, Death, and Grief

April 18 and 19: Sat.-Sun., 10 am-5 pm

This two-day workshop addresses the spiritual issues of the ill, dying, and bereaved.

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The Association for Spirituality and Psychotherapy, Inc. is presenting Two All Day Workshops

Sunday, March 1st and Saturday May 2nd , 2009

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www.atpweb.org



Aikido and Psychotherapy

Saturday, March 7, 2009

Aikido is a mind-body-spirit practice that can be applied by psychotherapists both for working with clients and for self-care. Humanistic therapists have maintained the importance of being fully present in the existential encounter of therapy. This description parallels the practice of remaining “centered” in aikido. Aikido is usually performed with a partner, and its interactions are often similar to therapist-client interactions in terms of projection and transference, as well as issues of conflict and closeness.

In this workshop, you will:

- **Gain an experiential understanding of mind/body techniques that you can use with clients.**
- **Increase your ability to “read” bodies including social/ emotional issues embodied in our students and clients.**
- **Learn techniques for rebalancing yourself physically, spiritually, and emotionally.**

For therapists, this will provide an opportunity for self-examination, skill development, and growth. The low impact section will create an ideal introduction for non aikidoists. We will close our time together with a facilitated discussion to weave our

learning experience into our shared social fabric. What are the ideal contexts for psychological and martial practices to positively effect contemporary dilemmas in and beyond the consulting room?

Instructors: *Patrick Faggianelli, PhD, Jamal Grancik, MFT, David Lukoff, PhD Beth Tabakin, PhD, Paul Rest (low impact section), Brandon Williams Craig MA.*

This workshop is a benefit for Aiki Extensions founded in 1998 to deepen and extend the practice of aikido as an art of peace. It has helped develop projects in schools and centers for at-risk youth; applied aikido ways to harmony in the healing arts and the expressive arts; and promoted social harmony in venues that include Brazil, Ethiopia, the Middle East and the inner cities of North America.

For more information: www.aiki-extensions.org.

Questions or pre-registration call: (707) 763-3576 or email: david.lukoff@gmail.com

Saturday, March 7, 2009

10:00 am -1:00 pm & 2:15 pm - 5:15 pm
\$100

Location:

Aikido of Berkeley
1352 S 49th St,
Richmond, CA

6 CE credits available for psychologists, MFTs, LCSWs, and RNs through the Spiritual Competency Resource Center which maintains responsibility for the program (www.spiritualcompetency.com). \$15 processing fee.

The Center for Integrative Psychology at
Alliant International University presents
**Nature and the Human Soul:
Cultivating Visionary
Leadership in a Time
of Global Change**

Saturday, Feb 28, 2009 6:30pm - 9:00pm
& Sunday, Mar 1, 2009

Workshop Presentation and Discussion:

This presentation and workshop responds to a pervasive hunger for meaning, for belonging to place, and for service in our time of global crisis. With an evening introduction and a daylong intensive, Dr. Plotkin introduces a new ecopsychology of human development that reveals how fully and creatively we can mature when wild nature guides us. Bill's book, *Nature and the Human Soul*, provides a visionary model for the human life span, one that is rooted in the cycles and qualities of the natural world. His blueprint for individual development ultimately yields a strategy for genuine cultural transformation. During this weekend, we'll explore eight stages of human life, each defined by a way of joining the human to nature, with the challenges and benefits of each stage. We'll explore how we can progress from our current egocentric, aggressively competitive, consumer society to an ecocentric one that is sustainable, cooperative, just, and deeply imaginative.

Bill Plotkin, PhD, is a depth psychologist, wilderness rites guide, ecotherapist, and author. As the founder and president of Colorado's Animas Valley Institute, since 1981 he has guided thousands of people through nature-based initiatory passages, including a contemporary Western adaptation of the pan-cultural vision quest. Previously, he has been a research psychologist, professor of psychology, psychotherapist, rock musician, professional river runner, and mountain-bike racer. He is the author of *Soulcraft: Crossing into the Mysteries of Nature and Psyche* and *Nature and the Human Soul: Cultivating Wholeness and Community in a Fragmented World*.



Go to the links to learn more about the Content and Continuing Education:

www.integrativepsychology.net/Feb28More.htm

www.integrativepsychology.net/registrationFeb28.htm

For More General Information and Directions visit www.integrativepsychology.net

Saturday, Feb 28, 2009

6:30pm - 9:00pm (Zable Hall)
Wine & Cheese Reception at 6:00pm

Sunday, Mar 1, 2009

Full-day Intensive (Ramona, CA)
Registration begins at 8:00am (Green Hall)

CSPP at Alliant Intl University

Scripps Ranch Campus
10455 Pomerado Road
Scripps Ranch, 92131

ATP Salon Evening Obama and Transformation The New World Ahead

The election of Barack Obama triggered an outpouring of global intimacy of dancing, crying and smiling people worldwide--an occasion of the oneness that we all seek and long for. Our ATP Salon will consider transpersonal practices, research and events that will further nourish this turning point in creating our global community, including conferences and spiritual tours in Russia, Italy, India, Malaysia, South Africa, Romania, Sri Lanka and the US, and local gatherings and internationally-focused transpersonal research, exchange and friendship projects, One Mourning Collective Grief Project, global trauma emergency services and sustainability workshops.

March 7, 2009 -- 7-10pm

6225 Doremus Ave
Richmond, CA 94805
410 232 8262

RSVP stuartcs@jps.net
Stuart Sovatsky, ATP copresident

<http://home.jps.net/~stuartcs?about.html>
www.atpp.ru/association/news/?ID=2011
www.worldcongressps2008.org/event/presenters.aspx



Spiritual Approaches to Illness, Death, and Grief

April 18 and 19: Sat.-Sun., 10 am-5 pm

This two-day workshop addresses the spiritual issues of the ill, dying, and bereaved. Myths and folktales about loss and grief, as well as case vignettes, are used to illustrate the psychospiritual issues that

arise in psychotherapy. You learn how to conduct a spiritual assessment, develop spiritual interventions, and use creative arts and dreams in therapy. Experiential exercises that draw on the ancient wisdom of spiritual traditions and clinical understandings from case material help prepare you to meet the psychological and spiritual challenges of these major life transitions.

CHRISTEL LUKOFF, Ph.D., MFT, is a psychotherapist in private practice, a hospice social worker and a storyteller. She uses storytelling with the dying, bereaved, cancer patients, and children; and at hospices and conferences throughout the United States and Germany. She has published two CDs: *When Life & Death Walk Together* and *Stories of Love & Loss*.

DAVID LUKOFF, Ph.D., is a professor of psychology at the Institute of Transpersonal Psychology and coauthor of the new DSM-IV diagnostic category: Religious or Spiritual Problem. He has authored more than 70 publications on religious and spiritual issues, and has presented internationally on spirituality in clinical practice.

- 2 meetings
- Berkeley: Room 206, UC Berkeley Extension, 1995 University Ave.
- \$320 (EDP 416552)
- register www.unex.berkeley.edu/cat/course1077.html

12 hours CE credit: BRN, LCSW/MFT, and psychologists
An elective in the Professional Program in the Study of Loss and Grief

11th EUROTAS International Conference

Beyond the Mind *Towards a Consciousness of Unity From a culture of competition to a culture of sharing Dare to open doors*

15-18 October 09
Milano Italy

INFO

Associazione Om, Via Villapizzone 26, 20156 Milano,-- Tel/fax
0039/02.8393306

e-mail: transpersonal@fastwebnet.it ; info@biotransenergetica.it
web site: www.eurotasitaly2009.eu; www.biotransenergetica.it

Call For Proposals

The 2009 Conference on the Science of Nonduality is issuing a call for proposals.

Institute on Nondual Wisdom and Psychotherapy
Marin Convention Center, San Rafael, California

The 2009 Conference on Nondual Wisdom and Psychotherapy will be collaborating with the inaugural Conference on the Science of Nonduality held October 21st – 25th in San Rafael, California at the Marin Convention Center. See www.scienceofnonduality.com for the entire program. We will be offering an afternoon “Institute” over three days within the larger conference, along with two pre-conference workshops. We invite proposals of approximately 300 words from clinicians and authors. Be sure to include an updated CV. Please note that we will favor proposals with an experiential component such as individual demonstrations or group processes relevant to clinical practice, as well as presenters who have direct experience and understanding of nondual wisdom.

See www.wisdompsy.com for prior conference presentations in 2007 & 2008.

Main conference, Friday, Saturday & Sunday, October 23rd – 25th: Presentations may be either 1 or 2 hours long, please specify your preference. Some additional MCEP paperwork may be involved, if your proposal is accepted. There will be no stipends.

Pre-conference workshops, Wednesday and Thursday, October 21st and 22nd. Each workshop will be six hours long and must qualify for both masters and doctoral level continuing education units (MCEUs and MCEPs). Presenters will receive 50% of the income earned.

Transportation and Lodging: There is a small budget for outside of Bay Area transportation and lodging.

Proposal submission due date: March 27th, 2009

Selection notification date: April 11th, 2009

E-mail proposals and CVs to conference coordinator:
Bob Cowart at bob@cowart.com

Sponsors of the 2008 Conference on Nondual Wisdom & Psychotherapy:
The Center for Timeless Wisdom & California Institute of Integral Studies.
Co-sponsors: Association of Transpersonal Psychology, Institute of Transpersonal Psychology, and John F. Kennedy University.

The Association for Spirituality and Psychotherapy, Inc. (ASP)
Is Presenting

Two All Day Workshops

Sunday, March 1st and Saturday May 2nd , 2009

At the Auditorium,
310 E. 67th St., in New York City

Workshop One, Sunday, March 1st, 2009

Psycho-Spiritual Solutions in Uncertain Times:

Antidotes to Fear & Anxiety

Special Guest: Armand DiMele,

Host of “The Positive Mind” on WBAI

Workshop Two: Saturday, May 2nd, 2009

Relationship As a Path to Spiritual Wholeness

with Harville Hendrix, Ph.D.

For more information please see our Brochure on our website www.psychospiritualtherapy.org

Any questions please call Diana Kerievsky, LCSW, ASP Executive Director 516 829-5027 or email cspofnip@optonline.net. ASP is a non-profit Membership Organization and we welcome new members.



Association for Comprehensive Energy Psychology

ACEP is an international nonprofit organization of licensed mental health professionals and allied energy health practitioners who are dedicated to developing and applying energy psychology methods for the treatment and relief of those suffering from emotional challenges such as addictions & compulsions, anxiety, depression, limiting beliefs, personality disorders, phobias, stress, and trauma.

ACEP seeks to establish the credibility and effectiveness of energy psychology through its programs of certification, education, ethics, humanitarian aid, and research.

ACEP Certification

ACEP sponsors a two-track certification program aimed at helping practitioners to amplify their credibility, upgrade their energy psychology skills, and rise to their peak potential. The tracks are:

DCEP (Diplomate, Comprehensive Energy Psychology) for licensed mental health professionals or the international equivalent.

CEHP (Certified Energy Health Practitioner) for allied health and human service practitioners and non-licensed mental health professionals and academics.

Candidates must complete home study modules available on line, participate in workshops focused on technical & ethical competence, and demonstrate treatment proficiency under the guidance of an ACEP certification consultant.

Workshops for those seeking ACEP certification will be available in conjunction with the annual conference on May 28, 2009 (CEHP candidates) and June 1-3, 2009 (DCEP & CEHP candidates). Registration will be available in early 2009 through the ACEP website: www.energypsych.org.

Living Undivided: A Silent Retreat Exploring Nondual Wisdom and Psychotherapy

Thursday, April 16 – Sunday, April 19, 2009

Institute of Noetic Sciences Retreat Center, 101 San Antonio Rd.; Petaluma, CA 94952

When we stop all seeking to be somewhere else and find ourselves open, we may discover a vast and undivided presence simply aware of the moment and simultaneously intimate with it. This timeless, awake Wholeness, separate from nothing, has been called by many names, but cannot actually be defined. It is neither a state to be achieved nor a concept for our mind to digest. Yet, when we move from this natural and undivided Heart/Mind/Mystery, wisdom and love begin to flow spontaneously. To breathe, work, speak, and live from such undivided presence transforms our experience of life and invites a deepening awareness of who we are and are not, what the world is and is not.

Through silence, experiential inquiry, and dialogue, we will explore together both the effects of dividing ourselves from what is here now, and the profound healing that happens when we remain Undivided. We will investigate deeply listening from the heart of Silence, meeting ourselves and one another without division. We will sense the difference between the moment-to-moment flow of Truth's single Reality and the egoic efforting that tries to operate from a concept called "nonduality". While we will focus on issues arising in psychotherapy and offer CEU's for psychotherapists, this retreat is open to any who are interested. The retreat will be held in silence except for shared gatherings and dialogues. The Retreat Center of the Institute of Noetic Sciences is located on 200 acres of beautiful rolling hills in Petaluma, California, just 30 minutes north of the Golden Gate Bridge.

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REFLECTIONS

Winter 2009

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ATP

Con't. from p. 6 RETREAT FACILITATORS:

Dorothy S. Hunt, L.C.S.W., founder of the San Francisco Center for Meditation and Psychotherapy, has practiced psychotherapy since 1967 and currently serves as Spiritual Director of Moon Mountain Sangha, Inc., teaching at the request and in the spiritual lineage of Adyashanti. She has a long and intimate connection with the teachings of Ramana Maharshi. Dorothy is the author of *Only This!*, editor of *Love: A Fruit Always in Season*, and a contributing author to both *The Sacred Mirror* and *Listening from the Heart of Silence*. She offers dokusan, satsang and retreats in the Bay area, and elsewhere by invitation, and is a frequent presenter at the annual Nondual Wisdom and Psychotherapy conferences.

For more information, you may visit www.dorothy-hunt.org or call 415-567-8404.

John J. Prendergast, Ph.D., is an Adjunct Associate Professor of Psychology at the California Institute of Integral Studies and maintains a private practice in San Rafael. He studied for many years with the European sage, Dr. Jean Klein, as well as with Adyashanti, and has published several articles on transpersonal psychology. He is the senior editor of and a contributing author to both *The Sacred Mirror: Nondual Wisdom and Psychotherapy* and *Listening from the Heart of Silence: Nondual Wisdom and Psychotherapy*, vol. 2. In addition, John was one of the founding organizers of the annual Nondual Wisdom and Psychotherapy Conference, where he has been a coordinator and an occasional presenter since 1998. For the past three years he has led several ongoing, private Self-Inquiry groups. BBSE Provider # 1756.

For more information, you may call 415-453-8832.

To register, or for more information, please go to www.noetic.org/retreat



The Institute for Spirituality and Psychology invites you to a benefit event:

An Evening of Conversation, Music and Theater

with special guests Jack Kornfield, Stan and Christina Grof, Lama Palden, and others

Please join us to celebrate the launch of our new Therapist Directory and learn more about our ongoing programs.

Featuring the Bay Area Premiere of

Zen Boyfriends

“what is the sound of one heart breaking?”

story by Mariana Caplan
music and lyrics by Mark Steigner



Thursday, March 19th

6:30pm - 9:30pm

Unitarian Universalist Church
1187 Franklin Street at Geary
San Francisco, CA 94109

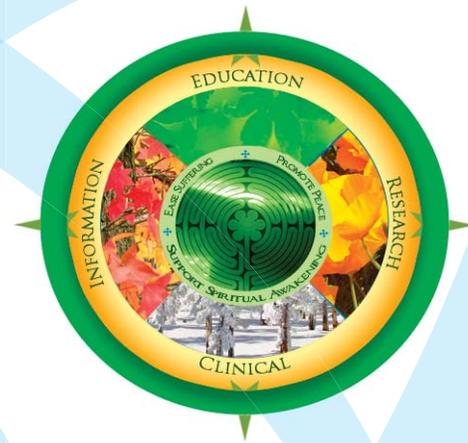
\$50 for individuals, \$75 for two,
\$25 student/financial hardship
\$20 play only

advance ticket purchase required
Register at: <http://isp.eventbrite.com/>

Silent Auction

(to donate an item, please
contact Sophia at 415-931-9507)

ISP



INSTITUTE FOR
SPIRITUALITY
AND PSYCHOLOGY

Our Mission:

*To ease suffering, promote peace
and support spiritual awakening
by bringing together the wisdom
traditions of spirituality and psychology*

336 Bon Air Center, PMB 341
Greenbrae, CA 94904
(415) 339-1292

Also, ISP is offering series of 6 evening dialogues presented by The Institute for Spirituality and Psychology (ISP) and Spirit Rock that explore the importance and timeliness of addressing the interface of spirituality and psychotherapy.

Entitled At the Interface of Therapy and Spirituality, Presentations are from 7:00-8:30 PM, Discussions from 8:40-9:30 PM

A spiritually-oriented clinical case discussion immediately follows the presentation for licensed therapists who want to improve their spiritual competency. You can bring cases of your own related to the presentation topic.

CE is available for both sessions.

Visit www.instituteforspiritualityandpsychology.com/events.asp to find out more.

REFLECTIONS

Support ATP!

Be part of the oldest transpersonal organization:
The Association for Transpersonal Psychology.
In return for joining ATP, you will

- *Receive the premiere journal in the field, the Journal of Transpersonal Psychology*
- *Receive both print and electronic newsletters updating breaking developments in the transpersonal field*
- *Have access to the Members Only area of our web site to gain access to the entire 36 years of Journal of Transpersonal Psychology*
- *Attend ATP and Association of Humanistic Psychology conferences at a discounted rates!*

The Journal of Transpersonal Psychology (JTP) is an independent, peer-reviewed publication that is widely recognized as the professional periodical in the field. Indexed in PsycINFO, it has provided a continuous authoritative voice since 1969.

JTP Online. Membership now includes online access to the past 37 years of the Journal Transpersonal Psychology, through the ATP member section of the web site with articles by founders and leading authors on key theoretical and practical issues in transpersonal psychology--*Ram Dass, James Fadiman, Daniel Goleman, Stanislaw Grof, Michael Murphy, Huston Smith, June Singer, Charles Tart, Frances Vaughan, Roger Walsh, Ken Wilber, Sean Kelly, Jorge Ferrer* and many others. Passwords are being mailed to members for logging in to the collection.

The secure-online and mail/fax-in membership forms are available online. Please make use of this service. If you have any questions e-mail info@atpweb.org.

To Become a Member or Renew ATP,
visit www.atpweb.org/joinonline.asp

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www.atpweb.org
info@atpweb.org

Professional Membership - \$95

Includes basic benefits, a listing in the ATP Professional MembersGuide, and access to the professional members listserv.

General Membership - \$75

Includes basic membership benefits.

Senior / Student Membership - \$55

Includes basic benefits. Requires a minimum 50% enrollment and current copy of your student ID.

International Membership - \$50

Open to persons residing outside of North America, includes basic benefits with electronically delivered newsletter and access to online archives in lieu of printed materials.

