



REFLECTIONS

THE ASSOCIATION FOR TRANSPERSONAL
PSYCHOLOGY'S ELECTRONIC NEWSLETTER

ATP

650-424-8764

AUTUMN 2006

[Support ATP!](#)

Be part of the oldest transpersonal organization: **The Association for Transpersonal Psychology**. In return for joining ATP, you will

- *Receive the premiere journal in the field, the Journal of Transpersonal Psychology*
- *Receive both print and electronic newsletters updating breaking developments in the transpersonal field*
- *Have access to the Members Only area of our web site to gain access to the entire 36 years of Journal of Transpersonal Psychology*
- *Attend ATP and Association of Humanistic Psychology conferences at a discounted rates!*

The Journal of Transpersonal Psychology (JTP) is an independent, peer-reviewed publication that is widely recognized as the professional periodical in the field. Indexed in PsycINFO, it has provided a continuous authoritative voice since 1969.

JTP Online. Membership now includes online access to the past 37 years of the Journal Transpersonal Psychology, through the ATP member section of the web site with articles by founders and leading authors on key theoretical and practical issues in transpersonal psychology--*Ram Dass, James Fadiman, Daniel Goleman, Stanislav Grof, Michael Murphy, Huston Smith, June Singer, Charles*

(CONTINUED ON PAGE 2)

ATP Events and Other Announcements...

REVIEW OF THE 2006 ATP CONFERENCE HELD 2006 ATP CONFERENCE
[100 YEARS OF TRANSPERSONAL PSYCHOLOGY](#)
SEPTEMBER 7 - 9, 2006, PALO ALTO

[More Info >>](#)

2008 ATP CONFERENCE
[WORLD PSYCHOLOGY AND SPIRITUALITY CONGRESS:](#)
[FURTHERING THE INTEGRATION](#)
JANUARY 5-8, 2008, HABITAT CENTRE IN DELHI, INDIA

[More Info >>](#)

REVIEW 2006 EUROPEAN TRANSPERSONAL PSYCHOLOGY CONFERENCE
"REVEALING THE DIVINE FEMININE"
OCTOBER 5-8, 2006

[More Info >>](#)

SUPPORT ATP!

(Continued from page 1)

Tart, Frances Vaughan, Roger Walsh, Ken Wilber, Sean Kelly, Jorge Ferrer and many others. Passwords are being mailed to members for logging in to the collection.

The secure-online and mail/fax-in membership forms are available online. Please make use of this service. If you have any questions e-mail info@atpweb.org.

Professional Membership - \$95: Includes basic benefits, a listing in the ATP Professional Members Guide, and access to the professional members listserv.

General Membership - \$75: Includes basic membership benefits.

Senior / Student Membership - \$55: Includes basic benefits. Requires a minimum 50% enrollment and current copy of your student ID.

International Membership - \$50: Open to persons residing outside of North America, includes basic benefits with electronically delivered newsletter and access to online archives in lieu of printed materials.

International Plus Membership - \$100: Open to persons residing outside of North America, includes basic benefits of General Membership.

Supporting Membership - \$175: Includes basic and Professional level benefits. This level supports the development of non-profit transpersonal projects and services.

Library Membership - \$500: Includes basic benefits to libraries or institutions who wish to provide access to the ATP archives to its patrons, users, and students. (Access is via IP pass-through or proxy server.)

International Professional Plus Membership - \$120 : Open to persons residing outside of North America, includes basic Professional level benefits.

International Professional Membership - \$105: Open to persons residing outside of North America, in-

cludes basic Professional level benefits with electronically delivered newsletter and access to online archives in lieu of print materials.

Recent Graduate / Alumni Membership - \$60 :

Open to persons who have graduated within the last two years from a degree-granting institution in transpersonal psychology, includes basic membership benefits. (May be reduced to \$50 if printed materials are excluded.)

Lifetime Membership - \$999 (may be paid over course of three years): Includes basic and Professional level benefits and special recognition in printed and web material. This level of membership supports the development of non-profit transpersonal project and services.

To Become a Member or Renew ATP, visit <http://atpweb.org/joinonline.asp>

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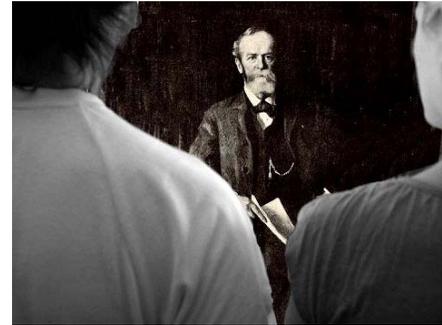


2006 ATP CONFERENCE
100 YEARS OF TRANSPERSONAL PSYCHOLOGY
SEPTEMBER 7 - 9, 2006
INSTITUTE FOR TRANSPERSONAL PSYCHOLOGY

One-hundred years ago, William James first used the word "transpersonal" to define that which is shared between individuals (see Vich, 1988, attached). A century later, the Association for Transpersonal Psychology and the Institute of Transpersonal Psychology collaborated for their annual professional Conference to reflect on the innovations and discoveries that have shaped the field since that day and to chart the future for the next 100 years. With more than 40 workshops, keynote talks, and presentations, and more than 200 registrants from the U.S., Brazil, Russia, Latvia, Mexico, and England, the truly international collective met to share invaluable insights towards the next developments in the field.

The conference opened with a choreographed celebration of Women's Wisdom, which set the tone for the next two days. Another evening was devoted to the role of media in transpersonal psychology, including a moving film that contemplates the awareness of death as an affirmation of life, by Ivana Steigman and Dan Gaylinn, and a well-crafted documentary that traces the history of transpersonal psychology, by Kevin Page.

In attendance were many who played important roles in the founding and development of the field and of ITP (including James



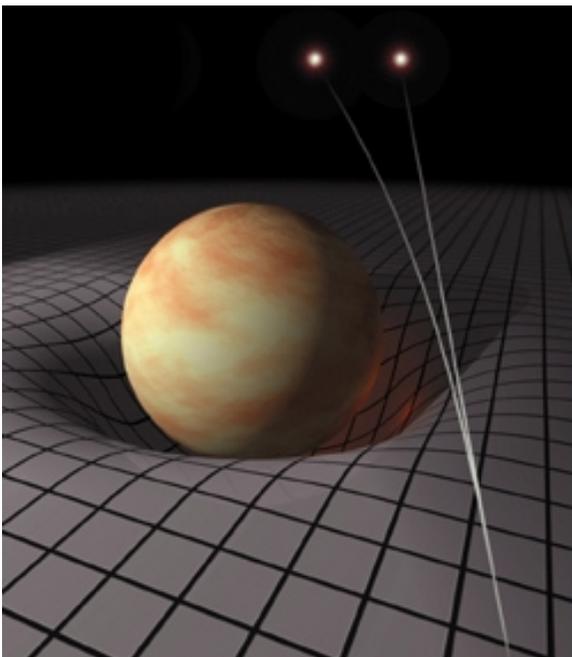
Fadiman, Robert Frager, and Stanislav Grof); ATP (including David Lukoff, Stuart Sovatsky, Frances Vaughan, Ron Jue, Dwight Judy, Arthur Hastings, and Jeanne Achterberg); and the Journal of Transpersonal Psychology (including Marcie Boucouvalas, Kaisa Puhakka, and Miles Vich). Many promising students also participated through their informative poster sessions and presentations.

This successful event was made possible by all who contributed their time and energy, including Arthur Hastings, David Lukoff, Kaleo Waxman, Dan Gaylinn, John McKenzie, Lyssabeth Mattoon, and many additional volunteers. For those unable to make it this year, start planning now for the next one, scheduled for Delhi, India (January 5-8, 2008).

More information available at:

www.atpweb.org/special_event.asp

Audio and video recording are available free on line for Curent ATP members. Others may purchase recordings from www.conferencerecording.com/aaaListTapes.asp?CID=ATP26 or by call 510-527-3600.



**WORLD CONGRESS ON PSYCHOLOGY & SPIRITUALITY:
FURTHERING THEIR INTEGRATION****

**ATP CONFERENCE: JANUARY 5-8, 2008
HABITAT CENTRE IN DELHI, INDIA**



**Keynotes: BKS Iyengar , Sri Sri
Ravi Shankar, Sudhir Kakar,
and Stanislav and Christina
Grof**

Over two-hundred scholarly, clinical and artistic presentations including:
Drs. Osamu Ando (Japan) Geeta Chandran (India) Tanna Jakubowicz-Mount (Poland) Kapil Kapoor (India) Kiran Kumar (India) Les Lancaster (UK) David Lukoff (US) Vladimir Maykov (Russia) Rajiv Malhotra (US) Maja Milcinski (Slovenia) Anand Paranjpe (Canada) Vitor Rodriguez (Portugal) Vera Saldhana (Brazil) Jurgen Schwing (US) Jonathan Shear (US) Shruti (India) Stuart Sovatsky (US)

TOPICS INCLUDE: spirituality and health care, sacred marriage, family life and aging, spirituality of grief and dying, spiritual practices and social service, relevance of spirituality for contemporary youth, women and spirituality, deep ecology and nature spirituality, the further reaches of human development, spiritual emergence, positive psychology, ecstatic states, and revisioning psychopathology, cross-cultural and indigenous psychotherapies, the arts (music, dance, ritual arts) and spiritual symbology, language and consciousness, consciousness studies and cross-cultural philosophies of mind, the future of spiritual practices in the world, technology and global consciousness, spiritual approaches to conflict resolution

Youth dance-meditation event, add-on tours, Post-conference workshops, retreats and cultural events

Congress Advisors: Karan Singh (Chair), John Drew, DR Karthikeyan, Judith Lasater, Vladimir Maykov, Rabbi Michael Lerner, Jonathan Granoff, Richard Rosen

Congress Conveners: www.atpweb.org
www.infinityfoundation.com

EMAIL stuartcs@jps.net for

CALL ATP FOR PRESENTATION PROPOSALS, TO BECOME AN INSTITUTIONAL SPONSOR, TO LINK TO CONGRESS WEBSITE, OR TO VOLUNTEER FOR YOUTH OR OTHER EVENTS

For All Outside-of-India Registrations and All Proposal Submissions
<http://www.atpweb.org/conf2008.asp>
For Ongoing Updates and Within-India Registrations
<http://www.WorldCongressPS2008.org>

*Editor's Correction: In the Summer issue of Reflections, Kaiser Permanente Volunteer Services was erroneously listed as an "endorser" of the World Congress. While we wish this was the case, Kaiser Permanente Volunteer Services of the Diablo Service Area's Spiritual Care Department has contributed financial support for this event. We apologize for any confusion our previous listing may have caused.



REVIEW 2006 EUROPEAN TRANSPERSONAL PSYCHOLOGY CONFERENCE
"REVEALING THE DIVINE FEMININE"
HELD OCTOBER 5-8, 2006
AT THE CHÂTEAU DE FONDJOUAN
IN THE LOIRE VALLEY, TWO HOURS SOUTH OF PARIS, FRANCE

Located in a magnificent natural setting, the 2006 Conference is co-organized by EUROTAS (the European Transpersonal Association) and will include about 20 European countries, and GRETT (Group for Research and Study in Transpersonal Therapy), a French association whose goal is to promote and support research and experience in the transpersonal field. Participants will come from all over the world but most of them will be from Europe. Experiential processes (workshops) will be an important part of this event, notably through using the language of the imagination and of the heart: images, symbols, dreams, poetry. There will be around 20 different workshops to choose from during the Conference that will explore the re-emergence of the feminine and its expression in our lives and throughout the world. Because connection is inherent to the feminine, this exploration does not set the feminine against the masculine,

but rather invites us to search for balance and to discover a new dance between the two. Over the past 4 years, many members of ATP have participated in Euro-tas conferences in Portugal, Romania, Moscow and London, and found them wonderful opportunities for collegial exploration and international networking.

For more information, go to
www.citizenshipconference.org

NEWS FLASH!

[ATP](#) is co-sponsoring many [Association for Humanistic Psychology](#) events and ATP members are entitled to the \$25 member discount. Some of these events include:

- Diane Zimmerhoff (The Wellness Institute) presenting Accelerated Hypnotherapy Certification Training Courses in San Francisco, on Nov. 30 - Dec. 5 and in Seattle on January 25-30
- Caroline Myss will be teaching Essential Life Wisdom in Seattle on November 17-18
- Robert Ohotto will be presenting Fate, Free Will, and Your Heroic Journey in Seattle on November 19
- Joan Borysenko will be teaching What's Love Got To Do With It? Everything in Farmington, PA on Nov. 18-19

For more information about these and other events, please visit: www.ahpweb.org/events/menu.html

There are CECs for all seminars and group discount options. For details go to ConferenceWorks.com

ATP SALON EVENING

The Future of Transpersonal Psychology: Going Deeper, Going Global, From Personal Transformation to Whole Cultures of Enlightenment. December 1, 7:30 p.m. -10:00 p.m. 6225 Doremus Ave, Richmond, CA 94805

With Stuart Sovatsky, Ph.D.: <http://home.jps.net/~stuartcs/about.html>

We will consider the effects of meditation and yoga becoming mainstream activities in the U.S.A. (22 million yoga enthusiasts) and what an "enlightened culture" looks like, drawing from Indian and other spiritual traditions. We will also discuss how to manifest the transpersonal vision of each salon-attendee.

ADDITIONAL LECTURES & WORKSHOPS

THE NEUROLOGY OF AWAKENING

SATURDAY, NOVEMBER 11, 9:30 A.M. - 5:00 P.M.



- Spirit Rock Meditation Center in Woodacre, CA
- Cost \$45 - \$75, sliding scale, plus donation to the teacher
- Workshop CEU's available for therapists.
- Fee: \$45 - \$75 sliding Scale, plus noting Spirit Rock's generous scholarship policy, plus donation to the teacher.
- Rick Hanson & Rick Mendius, MD
- Contact: JRichardMendius@aol.com or 415/491-4900
- Webiste: www.spiritrock.org/calendar/display.asp?id=RM1D06

The latest brain research has begun to confirm the central insights of the ancient wisdom traditions. And it's suggesting ways you can help your brain to enter deeper states of mindfulness, quiet, and concentration. Suffering, joy, and freedom all depend on what happens within your nervous system. Skillful practice means being skillful with your own brain.

This experiential workshop -- lead by a clinical psychologist and a neurologist, both of whom are long-time meditators -- will offer user-friendly information about your brain and lots of practical methods. The workshop is for individuals interested in what's happening in their brain when they are peaceful, happy, and wise: those states of wonderful well-being and effective functioning explored by meditators and yogis throughout history - which scientists are now mapping in the latest research on the brain.

No prior background with meditation or brain science is necessary for anyone. The workshop will explore:

- The scientific basis of Buddhist principles and practices
- The three characteristics of existence: impermanence, not-self, and suffering -- as they occur in the brain
- Implications from brain research for steadying the mind, quieting it, and bringing it to singleness
- The brain during jhanas or other states of deep concentration
- How to help lay the neurological foundation for liberating insight
- There will be plenty of opportunity for questions and discussion.



ADDITIONAL LECTURES & WORKSHOPS, CON'T

THE PSYCHOLOGICAL AND SPIRITUAL CHALLENGES OF GETTING OLD

WEDNESDAY, NOVEMBER 8, 7:00 P.M. - 9:00 P.M.

- Spirit Rock Meditation Center in Woodacre, CA
- Cost \$25.00
- Sylvia Boorstein, & Bernice Goldmark, Ph.D.

Two elders with over 150 years of collective wisdom will dialogue about psychological and spiritual issues in aging. We will look at how dealing with old age, sickness, and death is different at seventy than at forty, and different at eighty than at seventy. How does Dharma Change as we age? Or does it? How do our concepts of "self" and of "relatedness" change with age?

Sylvia Boorstein, PhD has been teaching both vipassana and metta meditation since 1985. She is a founding teacher of Spirit Rock Meditation Center, a psychotherapist since 1967, author of 4 books, wife, mother, and grandmother who is particularly interested in seeing daily life as practice.

Bernice Goldmark, PhD has been a Professor of Philosophy of Education at Sonoma State University for 28 years and now teaches senior citizens and Intergenerational classes in the Lifelong Learning Programs at the Fromm Institute, University of San Francisco, and Dominican University. She has also been a licensed Marriage and Family Therapist for 35 years. She has authored books and articles, and is a mother and grandmother. Her special interests are painting, drawing, computer art combinations, and dancing.

LEARNING "TO DIE" BEFORE WE DIE

WEDNESDAY, NOVEMBER 29, 7:00 PM - 9:00 PM

- Spirit Rock Meditation Center in Woodacre, CA
- Cost \$25.00
- Debra Chamberlin-Taylor, Dr. Scott Eberle

All of us, one day, must die. Many will go kicking and screaming, desperately clinging to the physical body, the precious ego, or both. Others will surrender more gracefully. A few may even release limiting images of self, becoming expansively connected to the divine -- known as 'God,' 'the Ground of Being,' and many other names. Two people, from different but related worlds, will explore the perennial attitudes, principles and practices that can help each of us learn "to die" before we die.

Dr. Scott Eberle is a hospice physician who learned the science of medicine at UCSF, and the art of medicine from countless people living and dying with AIDS. He survived this work by regularly seeking sanctuary, either in monasteries or in nature. Feeling called to blend solitary reflection with the building of community, he then became a vision quest guide. He and Meredith Little created the "The Practice of Living & Dying," a nature-based curriculum that explores symbolic death and physical death. His book, *The Final Crossing: Learning to Die in Order to Live*, will be released this fall.

Debra Chamberlin-Taylor has been practicing meditation for 30 years and teaches meditation at Spirit Rock. She is a psychotherapist who leads wilderness vision quests and workshops on conscious relationships and death and dying. Through powerful personal experiences and through working with many dying patients, she has learned that death can be a doorway of awakening.



FINDING SANITY IN A SOMETIMES CRAZY WORLD: CULTIVATING HEARTWISDOM OF THE BODY

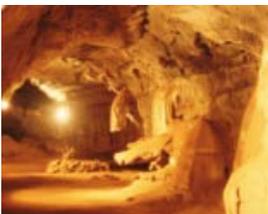
- Lomi Clinic November Benefit
- with Robert Hall, Richard Strozzi-Heckler and Jack Kornfield
- November 18-19, 2006, 10:00am–5:00 pm
- at the Petaluma Golf and Country Club

Where do we find sanity amidst war, hunger, changing climate and loss? In an unusually powerful combination of mind and heart, these three masterful teachers come together to take us on a journey of possibility.

This two-day workshop will explore our relationship to suffering in the world and in our personal lives. Skills for personal and professional use will be presented that help us see clearly our response to events such as 9-11, and to use inquiry to address our conditioned fear responses and find new capacity for loving kindness, empathy and compassion.

Dyadic conversations will include inquiring about meaning, purpose, power and the search for the antidote to feeling helpless.

This extraordinary benefit brings together Richard Strozzi-Heckler, PhD, Robert K. Hall, MD, and Jack Kornfield, PhD. Richard and Robert co-founded the Lomi School of Somatic Awareness Training in 1970. The work they began has evolved into the Lomi Psychotherapy Clinic, a training institution for somatically oriented psychotherapists recognized throughout the US and abroad. Richard is also founder of Two Rock Aikido Dojo and co-founder of Strozzi Institute, an internationally renowned facility that teaches embodied leadership training with an emphasis in somatics. Robert is currently on the teaching council at Spirit Rock Meditation Center in Marin County, Ca. and resident dharma and meditation teacher in Todos Santos, Mexico. Jack Kornfield trained as a Buddhist monk in the monasteries of Thailand, India, and Burma, is a founding teacher of the Insight Meditation Society and Spirit Rock Meditation Center.



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FOUNDATION OF THE SACRED STREAM

Fall 2006 Programs on the West Coast, in Oakland, CA

- Introduction to the Shamanic Journey - September 23 and 24
- Applied Shamanism Program Level I and Level II – October 7/8 & 28/29
- Depth Hypnosis Foundation Program
- (Hypnotherapy Certification Course) - Begins – October 21 and 22
- Fall Programs on the East Coast, in Rhode Island:
- Introduction to the Shamanic Journey - November 3 and 4
- Applied Shamanism Level I Intensive - November 5
- Integrated Energy Medicine Program Level I and Level II - November 10, 11, 12

For more information and class details, visit our website: www.sacredstream.org To register for classes email: nfo@sacredstream.org or call 415.333.1434

A.C.S. SUNDARI CULTURAL ASSOCIATION

A.C.S. Sundari is a Cultural Association founded in 1993 in appreciation and love the Oriental culture, with the purpose of bringing a veritable contribution in consolidating the intercultural relationships between the Orient and Romania. Their headquarters are located in Cluj Napoca, a town of 340,000 inhabitants, situated to the north-west of Bucharest. The name of our Non-Governmental Association (NGO) is "Sundari".

They have established a public library, meant to contain valuable works from the inestimable oriental civilisation and culture. There are some published books in Romania which are part of this treasure, but their number is insufficient to justify a library centred exclusively on Orient and it's culture. Fortunately, they succeeded in professional careers in countries such as Great Britain, France and Germany; and have never forgotten the project from their youth. They have mailed us several boxes of books to add to our collection. Also, through the Internet, we've made many friends, from all corners of the world, from South Africa to the United States of America, and from Iceland to New Zealand. We have also received varied wonderful books from them.

Thus, the Sundari library already contains an impressive number of works of great importance from the oriental spirituality, philosophy and religion (yoga, buddhism, martial arts, zen, hinduism, taoism, and so on), most of them being quite unique in Romania. Hence, there is no wonder that we have more than ten visitors at the library each day. The only thing which is missing momentarily is the lack of a more proper premise for the library. At the moment, it is located in a pretty old building, but we have some promises that this will hopefully change soon.

Sundari something very simple: knowledge. This project was borne from pure passion and love for the Orient and all that the Orient represents to us. Any authentic seeker will always be welcomed among us, no matter if he or she has a question, an opinion to share, or if he/she needs to study or read a book in our library. The only requirement we have is that anybody who comes to see us must know English, because the vast majority of our books are published in English. We also have a small collection of books in French, Spanish and German.

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