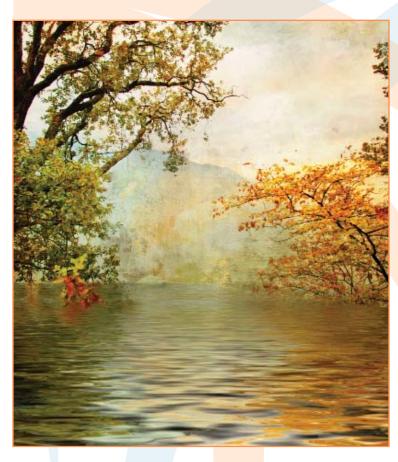


# Reflections



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- ~ Redeeming the Spirit: Psychotherapy, Counselling and Spirituality
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#### Radiant Mind Course

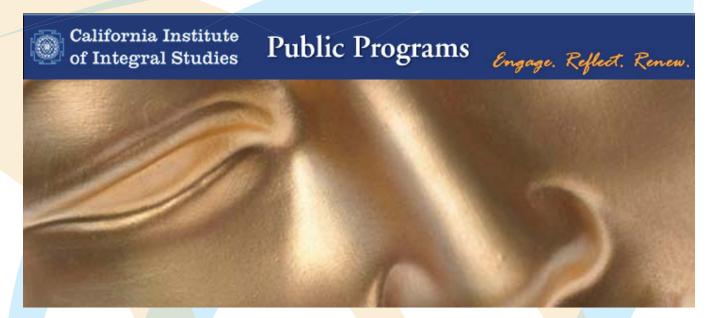
Led by Peter Fenner, Ph.D.Founder of Timeless Wisdom, and Creator of Radiant Mind More inside >>

### Join ATP Today!

You are Invited to Join the Association for Transpersonal Psychology. All Members receive these basic benefits:

- ♦ A subscription to the Journal of Transpersonal Psychology, published semi-annually.
- Access to all 35 years of Journal articles and hundreds of audio and video recordings of past conference presenters.
- ♦ A searchable Networking List of members.
- ♦ ATP's Listing of Professional Members.
- ♦ The Association's Newsletter, with articles, interviews, announcements of ATP activities, topical issues, and more. Members are encouraged to submit material for publication.
- ♦ Reduced rates for Newsletter classified advertising.

And More! Visit www.atpweb.org/join.asp



# "Embodied Awakening" Nondual Wisdom and Psychotherapy Conference 2008

November 1 & 2, 2008

California Institute of Integral Studies
1453 Mission Street, San Francisco
\$200
\$130 Sat/Sun only

Presented by the Association for Transpersonal Psychology and CIIS's Integral Counseling Psychology Program Co-Sponsored by JFK, ITP, and the Center for Timeless Wisdom

Nonduality derives from the Sanskrit word advaita which means "not-two," referring to the understanding of a fundamental consciousness that underlies the apparent distinction between perceiver and perceived. From the nondual perspective, the split between self and other is a purely mental construct. This understanding, rooted in the direct experience of countless sages through millennia, is at the heart of Hindu Vedanta, most schools of Buddhism, Taoism, and mystical Christianity, Judaism, and Islam.

This annual cutting-edge conference hosts leading therapists and teachers who are exploring the confluence of nondual wisdom and psychotherapy. How does psychotherapy change when therapists and clients awaken to and embody their true nature as open, lucid Awareness

that is essentially not separate from the whole of life?

#### **FEATURING:**

- Rudolph Bauer, PhD, ABPP
- ♦ Judith Blackstone, PhD
- ♦ Marlies Cocheret, MA, CHT
- ♦ Peter Fenner, PhD
- ♦ Jonathan Gustin, MA, MFT
- ♦ Diane Musho Hamilton
- ♦ Dorothy Hunt, LCSW
- ♦ Zoran Josipovic, PhD
- ♦ Loch Kelly, MDiv, LCSW 1 2
- ♦ David R. Loy, PhD
- ♦ Laurel Parnell, PhD
- ♦ John Prendergast, PhD
- ♦ Prema Maja Rode, PhD
- ♦ Peter Wrycza, PhD

For more information or to register, please go to www. ciis.edu/publicprograms/fall08/embodied-conf.html

more >>

# "Embodied Awakening" Nondual Wisdom and Psychotherapy Conference 2008

PRECONFERENCE WORKSHOPS (Oct 30 & 31)

Nondual Psychotherapy: Listening and Speaking from No-Mind, Peter Fenner, PhD

What Is the Wonder of All Wonders? Pure Awareness: On Becoming the Field Rudolph Bauer PhD, ABPP

#### SPECIAL FRIDAY EVENING EVENT

The Heart of Awakening: Experiencing Embodied Awareness
Loch Kelly, M.Div., LCSW



## Reflections



### RM Reflections Ad for the ATP Radiant Mind Course

Led by Peter Fenner, Ph.D. Founder of Timeless Wisdom and Creator of Radiant Mind

Location: Boulder, Colorado, U.S.A. Dates: February-November 2009

Radiant Mind arises when unconditioned awareness radiates through the totality of our conditioned existence. When we live in radiant mind we experience ourselves as a unique human being, at the same time resting in a unifed expanse of centerless and boundless awareness.

This course offers you a simple and profoundly refreshing way of living life and contributing to others. It offers a timeless set of skills and sensitivities for achieving sustainable experiences of wellbeing. *more* >>

### Call for Participants!

### Join a Holotropic Breathwork and Mandala Artwork Study

If you are over 18 years old and have completed participation in a Holotropic Breathwork™ retreat within the last 6 months you may be eligible to participate in a qualitative intuitive inquiry study into your experiences. This study is an exploration into your experience. If you participate in this study you may deepen your understanding as well as support further integration of your experience.

Please note that this is an independent study that is not affiliated with GTT in any way.

If you would like to participate in this study, please contact me, Rubye, at rubye.cervelli@gmail.com or call me at 650 776 1002 for more information on how you can participate.

ATP

Radiant Mind, Con't.

The course is designed for people who are interested in taking responsibility for their own happiness and making a powerful contribution to their friends, families and professional communities. Participants in the course come from a wide range of backgrounds; psychologists, psychotherapists, somatic therapists, managers, teachers, writers, and so on.

We have discovered that the learning of all participants is enhanced by bringing together people from a range of personal, professional and cultural backgrounds. We invite you to join this unique learning community.

This course is thoroughly experiential. It is designed to give you a new perspective that will translate directly into the quality and richness of your personal and professional life.

For more information please email Shana Parker: shanaparker@comcast.net

Or call Radiant Mind: (877) RAD-MIND – (877) 723-6463

Or visit the website at www.radiantmind.net



### Dream Groups 2008 with Mike Wilson

"All night the dark buds of dreams open richly" Mary Oliver

This is an opportunity to consider your dreams in depth, using a range of creative methods including dream reimmersion. The priority of this highly experiential group will be given to discerning the possible meaning of the dream in relation to your life, rather than the theory of dreamwork; which will be kept to a minimum.

DATES: Friday 7th & Saturday 8th November 2008.

TIMES: Fri 6.30pm to 9.30pm, Sat 10am to 5pm.

FEE: £80 (£30 non-returnable deposit) per group.

VENUE: Edinburgh, TBA on booking.

Maximum 6 places per group.

FACILITATOR: MIKE WILSON

Mike is a psychotherapist, counsellor (UKAHPP Acc. UKCP Reg.), and transpersonal psychology practitioner, with extensive experience in teaching and facilitating groups. His ongoing passion is the connection between psyche and nature, and the expression of this through dreams and the imagination. Mike is a member of the Confederation for Analytical Psychology, and is an accredited educator with the UK Association for Humanistic Psychology Practitioners. He practises in Edinburgh and from his home in the Scottish Borders.

Enquiries/bookings:

Brooklyn Cottage Church Street Earlston, Berwickshire TD4 6HS SCOTLAND

Tel: +44 (0)1896 849811

mail@mikewilson.biz www.mikewilson.biz

## 2009 Programme

### The Oracle Within: Dreams, Imagination, Synchronicity

This is one of the sacred duties of imagination: honourably to imagine your self." John O'Donohue

"The imagination awakens the wildness of the heart", writes John O'Donohue, "it returns us to our native wildness, to the natural and seamless fluency of our own nature." Following this theme, this soul making exploration will enable you to discern more fully what longs to be actualised in your life. By inviting you to consider a perspective which emphasises imagination and dreams, and the phenomenon of synchronicity in relation to this, this experiential day will invite you to consider the metaphor of "inner compass" or Oracle Within as a potential source of guidance in life. As the poet David Whyte puts it, this exploration will remind you how to "fall toward the centre of your longing", and to trust what might emerge as important indicators for your way forward. The exploration will include working with dreams, guided visualisations, and balanced with relevant theory and poetry.

DATES: Saturday 31st January & Sunday 1st February

2009

TIMES: 10am to 5pm both days.

FEE: £120 (£40 non-returnable deposit). VENUE: Edinburgh, TBA on booking

Minimum 6 Places, Maximum 10 places

DATE: 9th May 2009 (this is a one day version of the

workshop)

TIMES: 10am to 4pm

FEE: Please visit the link below for full detials

VENUE: London, Please book via this website - www.

ahpp.org/events/workshops.htm

Minimum 6 Places, Maximum 12 places

DATES: Saturday 5th & Sunday 6th December 2009

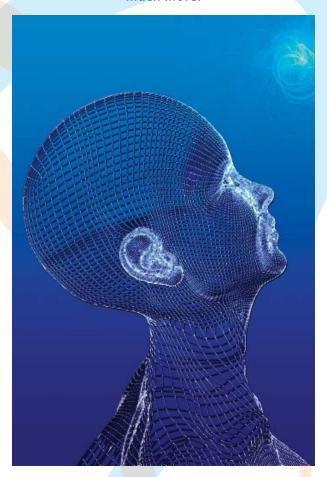
TIMES: 10am to 5pm both days.

FEE: £120 (£40 non-returnable deposit). VENUE: Edinburgh, TBA on booking

Minimum 6 Places, Maximum 10 places

## Reflections

Visit ATP's online website at www.atpweb.
org. You'll find audio recordings, downloadable PDFs. movies, resources and much,
much more!



### Redeeming the Spirit: Psychotherapy, Counselling and Spirituality

"Certainly there is within each of us a self that is...out of love with the ordinary; it is out of love with time. It has a hunger for eternity." Mary Oliver

By attending to the spiritual dimension of experience, psychotherapy and counselling acknowledges an intrinsic aspect of a person's life, which is not always recognised or lived. The consequences of this can be far reaching. And it is often through paying particular attention to spirituality in therapy that a person's life is given greater significance, sometimes profoundly so. *more* >>

For the practitioner, widening the therapeutic frame to give priority to spirituality can be challenging as well as enriching, and often demands a way of working which requires an ability to attune to the spiritual in the unique life of another, as well as to adopt a non-reductive therapeutic focus.

This weekend offers an opportunity to consider the spiritual side of therapeutic practice from both practical and theoretical perspectives, and will include a consideration of dreams, the imagination, and creative explorations which take body's wisdom into account.

DATES: Saturday 28th & Sunday 29th March.2009 TIMES: 10am to 5pm both days. FEE: £120 (£40 non-returnable deposit). VENUE: Wellspring, 13 Smith's Place, Edinburgh EH6 8NT. Please contact Moira Armstrong at Wellspring for booking a place on this weekend - 0131 556 6660. mail@wellspring-scotland.co.uk Make cheques payable to Wellspring Scotland. Download PDF Booking Form.

Minimum 6 Places, Maximum 10 places

### Authoring: A Path of Attainment

"Do you think that somewhere we are not Nature, that we are different from Nature? No, we are in Nature and think exactly like Nature." Carl Jung

What if the momentum of Nature were toward the actualisation of potential? What if, in some way, this was Nature's intention? What if you are in Nature and Nature is within you? What if this means that the unfolding of Nature also applies to you? Carl Jung considered the Self (or some may say soul) to be the blueprint of Nature within the psyche. What if you were also within soul of Self? Supporting this view of non-separateness from Nature, and taking it a step further, Carlos Castaneda says that "intent is the force that exists in the universe. When sorcerers (those who live of the Source) beckon intent, it comes to them and sets up the path for attainment, which means that sorcerers always accomplish what they set out to do" (The Active Side of Infinity). Attainment is a consequence of the conscious application of particular principles, and involves the discipline of creative living, so that you become more the "author" of your life.

This weekend offers an exploration of a path of attainment, as well as the practice of this through the application of the creative imagination.

DATES: Saturday 30th & Sunday 31st May 2009

TIMES: 10am to 5pm both days.

FEE: £120 (£40 non-returnable deposit). VENUE: Edinburgh, TBA on booking.

Minimum 6 Places, Maximum 10 places

It might be useful, though not essential, to have attended the Oracle Within: Longing, Discernment, Active Imagination or Dreams: Theatre of the Soul intensives.

### Dreams: Theatre of the Soul

"It was a dream in which my greater self rose up before me..." Lucille Clifton

Dreams offer you an invitation to participate in the unfolding of your unique nature. Turning your attention toward dreams is a way of acknowledging that your life is perhaps greater than you think; perhaps richer than you live. Discerning what meaning the dream may hold for you is a challenging, yet important process in deepening an understanding of who you are.

This intensive weekend is an opportunity to work with dreams and deep imagination, and will consist of learning some theoretical and practical rudiments of dreamwork. The core theoretical model will be Jungian, but we will also include other approaches.

DATES: September 2009 (final dates to be announced)

TIMES: 10am to 5pm both days.

FEE: £120 (£40 non-re<mark>turn</mark>able deposit) VENUE: London, TBA on booking.

Minimum 6 Places, Maximum 12 places



## Reflections

### Now Open -The Wisdom Therapy Institute

### for clients & interns

Wisdom can be learned and applied sooner rather than later... It just takes learning how.

The Wisdom Therapy Institute offers a host of services including individual, couples, and family therapy, several support groups and workshops, corporate consulting, coaching, and verteran services.

### **Individual Therapy**

### Psychotherapy

We offer a wide spectrum of professional expertise by very caring Psychologists and Ph.D. candidates with whom you will be able to build a trusting, supportive relationship. The practice of Wisdom Therapy is tailored to your needs. The first session intake will enable you to provide a comprehensive background and your current needs. The care providers will likewise provide an overview of the approach and answer any questions you may have regarding the ongoing therapeutic practice.

#### Couples Therapy

#### Psychotherapy

Conflicts in relationships and marriage are unfortunately quite common. Wisdom Therapy works with couples by incorporating its primary components of Cognitive-Behavioral Therapy, Mindfulness Meditation, and Humility towards improved communication and reduced conflict. There is a pattern of thoughts, emotions, and behaviors that are common to many relationship conflicts. Wisdom Therapy targets those that are specific to you and tailors the intervention towards your needs. Wisdom Therapy also explicitly incorporates concepts like empathy and compassion as an integral component for couples to practice. In the spirit of bringing in those practices that have proven most useful in the field, couples work at the Wisdom Therapy Institute also draws on prominent psychodynamic constructs as needed.

### **Group Therapy**

#### Psychotherapy

The Institute offers several types of group psychotherapy that are designed to assist clients with practical approaches to challenging or difficult emotional experiences. Safety and confidentiality are two of the most important issues in group work at the Wisdom Therapy Institute. Each group participant is invited to an interview to establish his or her comfort level for group work, and to fully understand which group will best address the work the client wants to do. The Wisdom Therapy Institute Staff are the group leaders and their work is supervised by Shani Robins Ph.D.

Visit www.wisdomtherapy.com for more information.

438 Cambridge Ave. Palo Alto, CA 94306

Phone: 650-324-9484 Fax: 650-324-1469

General Email: info@wisdomtherapy.com

